

JANUARY 2018

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Dear Residents,

January always provides a fresh start and for most the drive to start the new year off right by setting goals and aspirations. Typically I like to set a goal for myself to try something new each year. A few years ago we went surfing, last year we started a vegetable garden in our backyard, this year I'm still toying around with some ideas. One goal I have for my son is that he enjoys the fine arts and learns to play an instrument. Our feature family, the Johnstons, also share a love of music, with Brent currently the choir director for the Whitefish Bay High School. Enjoy reading their story and setting your own goals for 2018!

Cheers,

Christine McBride

Content Coordinator
cmcbride@bestversionmedia.com



My son caught the most waves!

PUBLICATION TEAM



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Content Coordinator: Christine McBride
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Contact: Kathy Durand at (262) 716 4788, or
kdurand@bestversionmedia.com and
Christa Banholzer at cbaholzer@bestversionmedia.com

FEEDBACK/IDEAS/SUBMISSIONS

Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 20th of each month. You may also email your thoughts, ideas and photos to Christine McBride at cmcbride@bestversionmedia.com

CONTENT SUBMISSION DEADLINES

Content Due	Edition Date	Content Due	Edition Date
November 20	January	May 20	July
December 20	February	June 20	August
January 20	March	July 20	September
February 20	April	August 20	October
March 20	May	September 20	November
April 20	June	October 20	December

IMPORTANT PHONE NUMBERS

Emergency	911
Police Administration.....	(414) 962-3830
Police (non-emergency).....	(414) 351-9900
North Shore Fire Dept. (non-emergency).....	(414) 357-0113
Village Hall.....	(414) 962-6690
Public Library.....	(414) 964-4380
Dept. of Recreation & Community Education	(414) 963-3947
Whitefish Bay School District.....	(414) 963-3921

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To Subscribe to the Village Weekly Online Newsletter, please send your e-mail address to Jenny Heyden, Communications Specialist, j.heyden@wfbvillage.org.

Provided by the Village of Whitefish Bay



Christmas Tree Pick-up

Village crews will collect Christmas trees once a week curbside throughout January. Please place trees on your parkway, the area between the public sidewalk and curb, for collection. There is no scheduled pick up date for tree collection. Please have tree(s) on the parkway by 7am on Monday morning (1/8, 1/15, 1/22, 1/29) to ensure tree(s) are collected that week.

Department of Public Works

New Year's Garbage and Recycling Date Change
Mon., Jan. 1 garbage and recycling collections will occur on Tues., Jan. 2

Trash and Recycling Program:

Stay up-to-date with the program developments here: <http://www.wfbvillage.org/CivicAlerts.aspx?AID=51>

Village Hall Renovation Update: Groundbreaking

The Village officially broke ground at the Village Hall site on Thursday, November 16 at 9am.

Nearly a year ago, the Whitefish Bay Building Committee was formed to explore all options for improving the Village Hall and Police Department. Currently, the Police Department lacks the space necessary for safe operations, the building can no longer accommodate everyday department needs, and the space lacks the connectivity options required for modern technology. The subcommittee was tasked with finding the most economical plan to best position the Village for the future. A 2.88 million dollar plan to renovate and expand the facility was approved by the Village Board in 2017. Specifically, the project will improve efficiency and expand operations while repurposing portions of the existing building. The project includes a building addition for police vehicle storage and a redesign of the police and administrative office space. Within the building, a new sprinkler system will



WFB Building Committee

The Village of Whitefish Bay

be added to meet current fire code. New electrical, HVAC, plumbing, and IT upgrades will also be completed. Lastly, the Village Hall Board Room and entrance lobbies will be updated to make them safer, more inviting and ADA accessible.

The Building Committee worked with Bray Architects to develop plans and

designs. Phasing is scheduled to minimize disruptions to residents and normal day-to-day operations have been moved to the Department of Public Works building at 155 W. Fairmount Ave.

For more information on the upcoming project, please visit the Village of Whitefish Bay website, www.wfbvillage.org.



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The Following Customer Services will be handled at the DPW Customer Service Window until fall 2018. Location:

155 W. Fairmount Ave, with the entrance on Lydell, closest to the parking lot.
Building Services: M-F 8:00am-4:30pm
Financial Services: M-F 8:00am-4:30pm
Police Department and Municipal Court Clerk: M-F 8:00am-5:00pm

Important 2017 Property Tax Payment Information:

Due to limited parking and space at temporary location, we are asking residents to pay their tax bill one of the following ways this year:

- 1) Via US Mail (envelope provided with your tax bill)
- 2) In person at Associated Bank 430 E Silver Spring Dr
- 3) Online at www.wfbvillage.org

Property Tax bills were sent to residents by December 15, 2017. The first installment or payment in full is due January 31, 2018.

Tax payments are processed on a daily basis. Receipts and payment information can be found via the Village website 24 hours a day, 7 days a week.

Water Utility Billing Improvement: Please note: Changes to Water Utility Billing are coming soon. Beginning

January 2018, utilities will be billed quarterly instead of three times per year.

Voter Information

2018 Election Information for 2018 Spring Primary on Tuesday, February 20, 2018.

Absentee Ballot Information

How to request an absentee ballot by mail or email for the 2018 Spring Primary
The 2018 Spring Primary Election is Tuesday, February 20th. The ballot will include State offices for Court of Appeals Judge and Circuit Court Judge.

As of October 2017, Village services are in a temporary location, located at the Department of Public Works.

Due to the limited parking, space, and staff available at the temporary location, we are encouraging voters who wish to vote by absentee ballot to do so by mail rather than in-person absentee voting.

To request an absentee ballot be mailed to you, an application may be found under election information via our quick links section on our homepage; www.wfbvillage.org. You may also request a ballot be mailed to you by emailing elections@wfbvillage.org. If you have not previously provided a copy of photo ID, photo ID must accompany your application. All requests to vote by absentee must be received no later than 5pm on February 15th.

Deadline for Returning your Absentee Ballot

Your completed absentee ballot must be received no later than 8 p.m. on Election Day. The U.S. Postal Service recommends absentee ballots are mailed one week before Election Day to arrive on time.

ATTENTION:

For all 2018 elections, residents in Ward 5 and 6 (Village Hall) will be voting at the Whitefish Bay Women's Club located at 600 E. Henry Clay St.

For questions please contact the Deputy Clerk at (414) 962-6690 ext. 122 or at elections@wfbvillage.org.



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WHITEFISH BAY RECREATION DEPARTMENT AND COMMUNITY EDUCATION

By Carin Keland, Director of the Recreation and Community Education



Free Throw Contest

Whitefish Bay Recreation and Community Education hosts its annual **Free Throw Contest for girls and boys, grades 3-8 on Saturday, February 17th at the Whitefish Bay High School Field House at 11:30am.**

Boys and girls compete separately in each grade division and 10-foot baskets will be used for all grades. The winning boy and girl from each grade division will receive a trophy and move on to compete in a **County Wide Free Throw Contest at West Allis Central High School at 9:00am on Saturday, March 17th.**

This is a FREE contest however all participants must pre-register with the Whitefish Bay Recreation Department by Feb. 14th.



Mark Your Calendar for the Lydell Preschool Open House and 2018-2019 enrollment dates!

**2018-2019 Open House
Lydell Community Center
Thursday, January 9, 2018
5:30pm-7:00pm**

Open Enrollment begins on Tuesday, January 9th from 5:30-7:00pm during Open House and then resumes at 8:00am on Friday, January 10th. All enrollments must be done in-person at the Recreation Department. Packets that are mailed, faxed or simply dropped off will not be accepted.

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Whitefish Bay Senior "55 and Better" Programs ... In the Community for the Community

The LX Club and the Whitefish Bay Recreation Department Build Partnership to Better Serve North Shore Seniors

The Whitefish Bay "55 and Better" program has joined together with the LX Club of Fox Point-Bayside to offer recreational, informational, educational, and social opportunities for seniors. If you are 55 years or older and live in the North Shore you are invited to join the LX Club which will meet 3 times a week at Lydell Community Center. The LX Club along with the "55 and Better" program will offer activities such as card playing, bingo, presentations, movies and entertainment on Mondays, Wednesdays and Friday afternoons. These are opportunities for our North Shore neighbors to meet and foster new friendships and discover new interests. If you are looking for quality senior programming, this club is for you! Please consider joining the LX Club/"55 and Better" Program. A full calendar of activities will be available in December with activities starting in January. All interest in participating in activities must be members. Membership applications can be found at the Whitefish Bay Recreation and Community Department and the yearly

fees are:

Membership Fee: \$ 20.00(individual)

Couple Fee: \$30.00

For more information or to complete a membership application please contact the "55 and Better" program coordinator Carolyn Noori at Carolyn.noori@wfbschools.com , 414-963-3992 or stop in at the Whitefish Bay Recreation and Community Education Department.

FREE Programs

Wednesday, January 17 – 1:00pm

David Bartlett Technology Series

Learn how to use the GPS devices. Free but must be pre-registered

Luncheon and Entertainment

Tuesday, January 23

"In Sickness and in Health" Taking care of loved ones in the home! Important information to aid you and alleviate stress in caregiving. Presented by Kari Klatt, RN, C-ASWCM Executive Director of Stowell Associates Homecare. Delicious and nutritious lunch is included. Cost \$9.00. Please register and pay by January 18th.

Day Trips and Extended Tours

March 3-Tour Milwaukee Laverne and Shirley Style! This guided tour, provided by Badger Bus Tours, included the Milwaukee Pretzel Company, Lakefront Brewery, City Hall, the Polish Flats where they fictionally lived, the alleged Brewery they worked at and, of course, the famous Fonz statue. We will have lunch at an Italian-owned pizzeria, participate in a game of mini-bowling and stop for a custard at Leon's Drive-In. Cost \$99.00 per person. Depart from Lydell at 8:30am and return at approximately 3:45pm.

May 28-June 1-Nigara Falls-Visit the fantastic Niagara Falls! Trip includes a 4-night stay; 2 nights at Caesars Casino in Windsor and 2 nights at the Victoria Inn Clifton Hill. Tour Rossi Glass and attend a wine tasting at the Konzelmann Estate Winery. Optional sightseeing tours are available. Cash Coupons, meal coupons, breakfast at Victoria Inn, tours, transportation, and meals are included. Cost: \$715.00 per person/double occupancy.

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Color: An Unexpected Answer to Reading Issues

Submitted by Paula Stone

"Carson, can you tell me how much nutmeg I need?" "I don't know, Dad."

"The recipe is right there on the iPad."

"I can't read it." Pause. "Wait, I'll be right back."

A minute later he ran back into the kitchen, colored overlays in hand, placed them on top of the iPad, and shouted, "1/4 teaspoon!"

This was the crystallizing moment for my husband and I. For years we wondered why our son needed to rest at the end of every school day (but not on weekends or vacations). Why it took him 1-1/2 hours to do 20 minutes of homework. Why he was fidgety and unfocused in school. Why his handwriting was atrocious. We'd gotten him glasses. We'd taken him to study skills classes. We'd made him practice handwriting every summer. Finally, as he was about to begin 7th grade, I read the words "scotopic sensitivity syndrome" for the first time.!

Scotopic sensitivity syndrome, commonly known as Irlen syndrome, is a visual processing disorder, which means the brain has trouble processing the information that the eyes are sending it. The theory is that certain wavelengths of light cause visual distortions in the person's environment. You can almost say it's like an allergy to light, which causes a variety of symptoms. One boy told me, "It's like the light gets in the way."

The more I researched Irlen syndrome, the more convinced I was that this was the answer to our puzzle. I scheduled an appointment with an Irlen diagnostician in Illinois. The screening process was easy: lots of questions and some simple visual tests to determine his symptoms, then testing different colored overlays to find which color best mitigated them.!

Brain scans done on Irlen syndrome patients show that when they are trying

to read, without any color overlay or filter, many more areas of their brain are working than should be. Once they use the appropriate color, the brain quiets down, using only the necessary areas to process the material. This helps explain why headaches and dizziness, along with the sleepiness and nauseousness Carson experienced, are common symptoms of Irlen syndrome; the brain is working overtime.

Irlen syndrome is a spectrum disorder, so symptoms can be mild to severe. They may appear after a few minutes (as with Carson), or after reading a few chapters. And because everyone's brain is different, everyone's symptoms are different, though there tend to be commonalities. Does a person avoid reading? When they do read, is reading slow or choppy? Do they misread words? Do they get a headache when reading? Does reading make them tired?

Because Irlen syndrome effected Carson's entire environment, we took him back to get a pair of spectral filters. These are precisely diagnosed colored lenses that he wears all the time. If you were to meet him, it looks like he's wearing sunglasses with a dark blue tint. If I put on his glasses, the world looks darker and bluer. For him, the world looks as it should; bright, with the whole range of colors, just as we see them. His distortions are gone; the lines in brick buildings don't wiggle anymore; people's faces are clear, not fuzzy; his depth perception has improved; and he can see a whole paragraph of print on a page clearly.

After seeing the huge change in Carson's life, I decided to get certified as an Irlen screener. I learned that 12-14% of the general population, and up to 46% of those with reading problems have Irlen Syndrome but don't know it. The fix is so simple, and relatively inexpensive, but the impact on a person's life is so huge.

I've worked with a dozens of clients in the last two years, both kids and adults, not only in Whitefish Bay, but all around the state. The teachers and staff in the Whitefish Bay Middle School, have been super helpful with Carson and the other kids there who have been screened for Irlen. Cumberland, Richards, St. Monica's and Holy Family have all begun to accommodate Irlen kids, too. My hope is that as more and more people get screened, colored overlays and spectral filters will become as commonplace in schools as pencils and paper.!

To read more about Irlen syndrome, check out the website irlen.com. If you want to contact me to discuss symptoms and see if a screening seems appropriate, email me at irlen.wi@gmail.com, or call me at 248-890-2341. ●



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NORTH SHORE FIRE AND RESCUE

Fire Extinguisher 101: Everything You Need (Want) To Know



By Lieutenant Dan Tyk,
North Shore Fire/
Rescue, EMS Manager
& Community
Relations Officer

We often receive calls and emails to our five firehouses inquiring about all sorts of questions about fire extinguishers; so we figured we would take a moment to give you some basics.

Buying an extinguisher can be overwhelming. There are typically many to choose from; each bearing a different label, weight, size and style...so which one should you choose for at home?

Generally speaking, the extinguisher you choose for in the home should be a "multi-purpose" or "class ABC". This means that it is designed to be used on a multitude of fire types, from basic combustibles (paper, cloth, wood, plastic) to flammable liquids (gasoline, grease, and oil), to electrically energized equipment. The extinguisher should be large enough to put out a small fire, but not so heavy that it is difficult for you or your family to handle. The extinguisher should also carry the label of an independent testing laboratory such as Underwriters Labs (UL).

Additionally, you should always take

the time to familiarize yourself with the user instructions, the parts, and the operation prior to mounting the extinguisher. Likewise, ensure your family and friends who may need to use it are too. The extinguisher should then be installed close to an exit in an area where you can always keep your eyes on the fire and your back to the exit so that you can make an easy escape if the fire cannot be controlled. If the room you are in fills with smoke, exit immediately.

Most importantly, KNOW WHEN TO GO. Fire extinguishers are one element of a fire response plan, but the primary element is safe escape. Therefore, ensuring your home has a home escape plan, practicing that plan and checking to be sure smoke alarms are installed and in working order on every level of the home should be your priority.

Extinguishers should be used when fires are confined to a small area, such as a wastebasket, and are not growing. Moreover, it is important to be sure everyone

else has exited the building safely, the fire department has been, or is being called; and the room is not filled with smoke.

Finally, if you make the determination to use an extinguisher, follow these important steps using the acronym **PASS**.

Pull the pin. Hold the extinguisher with the nozzle pointing away from you and release the locking mechanism.

Aim low. Point the extinguisher at the base of the fire.

Squeeze the lever slowly and evenly.

Sweep the nozzle slowly from side to side.

North Shore Fire/Rescue offers free extinguisher training for businesses and groups utilizing an indoor fire extinguisher trainer. To learn more about this training and other services offered by North Shore Fire/Rescue, visit our website, www.nsfire.org. ●

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WHITEFISH BAY SCHOOL DISTRICT

Submitted by Patrice Milzer, Assistant to the Superintendent

Save the Dates!

- December 25-January 1**, Winter Break, no school
- January 15**, no school
- January 19**, early release for students K5-12 (K4 students no school)

January Events:

- January 4, 6:00 PM**
7th & 8th grade open house at the High School
- January 5, 7:00 PM**
High School Variety Show
- January 20, 7:30 PM**
Middle School Variety Show
- January 28, 12:30-3:00 PM**
High School Music for Munchkins. Community outreach concert aimed at the little ones.
- January 29, 6:30 PM** 10th grade parent night

Are you a WFB Alum?

ALUMNI

If you have good news to share we would love to hear from you! Please email: districtnews@wfbschools.com

Elementary Schools:

Kindergarten Registration for 2018-19 in Progress

Junior Kindergarten 4 years old on or before September 1, 2018

Senior Kindergarten 5 years old on or before September 1, 2018

Please contact the school offices for more information.

Cumberland School (414) 963-3943

Richards School (414) 963-3951

Music For Munchkins

The Whitefish Bay High School Orchestra will present The Great Disney Extravaganza! at its annual Music for Munchkins Concert on Sunday January 28.

The event will feature fun crafts and a string instrument "petting zoo" from 12:30 to 1:15 pm during which children of all ages will have the chance to touch and play the various

string instruments, generously provided by Brass Bell Music Store.

The musical performance begins at 1:30 pm. which features a swashbuckling story of princesses vs. pirates in a tussle to put on the perfect birthday party.

Fifth grade orchestra students from Richards and Cumberland will make a guest

appearance during the performance.

Music for Munchkins will be held in the Whitefish Bay auditorium 1200 E. Fairmount Ave, Whitefish Bay. Enter through Door 11 of the Music Wing. Admission is \$3 and the general public is encouraged to attend. Come join the fun and the great Disney music!

TARPEY FRANZ TEAM Dawn Tarpey | Gayl Franz



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RESIDENT FEATURE

Music often brings people together whether for a concert, dancing at a wedding, or singing a lullaby to a baby falling asleep. For Brent and Nina Johnston a love of music also brought them together as a couple when they were performers in the opera *L'ormindo*. As individuals music has always been a huge part of both Brent and Nina's lives, with Brent receiving his bachelors in Music Education from UW-Milwaukee and then his masters degree in Educational Leadership from Cardinal Stritch University, and Nina receiving her bachelors degree in Music from UW-Milwaukee. In 2006 the two met when their love of music led both of them to perform in an opera and a romance began from there. They wed in 2008 and have been supporting each others musical ambitions since then, even moving back to Whitefish Bay for Brent to pursue the position as choral director for Whitefish Bay High School.

As a graduate of Whitefish Bay High School, in 2001, Brent always wanted to come back to teach at his alma mater. "I loved my time as a student in the Whitefish Bay school system, and hope to create that same experience for our students today. My goal is to continue adding students to the choir program and help them enjoy all aspects of music, but it takes community support as well," said Brent. While he has been busy building up the program this past year, the community can aid in this by attending events and supporting the program financially. There are a number of upcoming concerts and events that the choir will perform. They can be found at Brent's choir website under calendar located at <https://brentjohnston7.wixsite.com/wfbhschoir>.

While choir keeps Brent tied in with music, Nina has been busy building a voice studio in the Milwaukee area. She offers voice lessons and her students compete in various statewide and national events. The studio also is committed to philanthropic causes and in May will holding their bi-annual concert, Beans and Belting. The concert benefits VSA Wisconsin, a non-profit

Sharing a Passion for Helping Programs Grow



Story By Christine McBride | Photos by Boutique Photographer, Linda Smallpage

Thank you to the Wisconsin Conservatory of Music for allowing us to take photos in your gorgeous space!

committed to expand the capabilities and quality of life for people with disabilities through the arts. More information on her studio can be found looking up Johnston Voice Studio LLC.

The couple's first child, Mila (5) was born with a rare genetic disorder which among other things, left her non-verbal. Mila has the genetic disorder 21q Deletion Syndrome, which is so incredibly rare that when she was tested there were only 50 other documented cases of the condition. Due to this genetic disorder she has experienced numerous developmental delays. Mila needed multiple surgeries to enable her able to walk, and still suffers from balance issues. She is also currently struggling with epilepsy and while still non-verbal there is hope she may one day speak with therapy and building up muscle strength. "While it has been heart breaking having a child that can't talk or sing, we know she loves to hear music and is constantly dancing and such a happy little girl," said Nina. "As a family we have started using sign language with her and we both love singing or playing the piano for her to enjoy."



Bay and seeing kids constantly on their bikes and neighbors enjoying conversations in their front lawns. They also enjoy having the whole family get involved when their parents have a performance. When one of the high school musicals Brent worked

Three years later the couple welcomed a healthy baby boy, Aaron, now 2, who loves to dance and play with big sister Mila. "Aside from my job with the high school, we also relocated to Whitefish Bay because it is important for us to have our own children enrolled in the best school district," said Brent. "With Mila's medical issues we need to be an easy driving distance from Children's Hospital and we also wanted to be closer to our family and friends from the area." The family enjoys the tree-lined streets of Whitefish

on was Mary Poppins they attended the performance with Mila dressed up as Mary Poppins and Aaron as Burt the chimney sweeper.

The Johnstons have faced more than their share of challenges, but they remain a close family determined to see the Whitefish Bay choir program, and their daughter Mila succeed.

What's your story? Email me at cmcbride@bestversionmedia.com and I'll help you tell yours!

Thank you to all of my buyers and sellers for the opportunity to work with you this year. Wishing everyone a healthy, happy and prosperous 2018!

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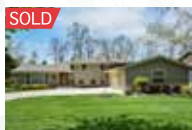
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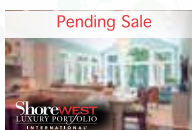
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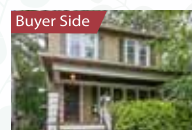
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We'd like to thank Sarah Fetterley of Shorewest for bringing you this month's cover story.

BUSINESS PROFILE: BAY VIEW BARK



By Christine McBride

It's said that if you do what you love, then you'll never work another day in your life. This couldn't ring truer for Julia and Matt Kaminecki, dog lovers and perfect owners for Bay View Bark, a Smart Doggy Day Care facility in Bay View.

After years of working as a kennel attendant, Julia brought her skills to the Animal Care Manager role at Elmbrook Humane Society where she was responsible for the health and accommodations of adoptable and abandoned dogs, cats, and small animals. This is where she began her dog training career as well, teaching classes for new owners of recently adopted dogs and puppies. As an inspector for the City of Milwaukee Department of Neighborhood Services, Julia investigated dog bite cases and inspected pet stores, grooming shops and doggy day cares around the area. She also spent many years as a kennel attendant and a dog trainer. "I love being around dogs and believe that my degree in Psychology also furthered my understanding of canine behavior and the basic mechanisms of positive reinforcement training methods that we incorporate everyday at Bay View Bark," said Julia.

They opened Bay View Bark six years ago as a boutique style doggy day care also offering grooming and classes. The business grew rapidly over the years and



Owner Julia Kaminecki with her family and their own dog Astro

in 2016 they relocated to a new facility allowing Julia and Matt to design their dream play yards, boarding areas and training spaces from scratch. Their business is broken down into four main areas:

- 1. Daily doggy day care:** The focus is to offer smaller groups with a one-on-one positive method training session for each dog, and lots of time for supervised socialization with other dogs.
- 2. Stay & Play Overnight Care:** For their overnight guests each dog has its own private guest room with smooth walls, tempered glass front doors, and an orthopedic bed with warm fleece blankets. Staff is onsite throughout the evening for both the dog's safety and owner's peace of mind.



Having a blast during doggy day care

- 3. Compassionate Grooming Services:** By offering a calm and quiet grooming space, they provide a full line of services for dogs of all breeds and sizes. The focus has always been on quality, not quantity.
- 4. Smart Dog and Smarty Pants Puppy Training Classes:** Teaching basic obedience and house manners.

While the facility is located in the Bay View area of Milwaukee, Julia and Matthew have made Whitefish Bay their home with their two children, Eva (3) and Lucas (1), and of course they have two dogs of their own! Twice a month Bay View Park opens its doors for public tours and Julia and Matt would love to show their new facility to fellow dog owners. For more information you can visit their website at www.bayviewbark.com or call them at 414.763.1304.



Large outdoor space for dogs to run around!

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Hard-to-Kill HOUSEPLANTS

By Emma Riehl

Here's the dirt: no matter your skill level with outdoor gardening, indoor plants can downright difficult to keep alive. Air conditioning, sunlight, dehumidifiers and nosy pets are elements that play a role in the survival rating of your chosen species of potted plant. Sure, there are plenty of plants out there that will thrive in the exact conditions of your home, but they may be tricky to find and, most importantly, keep alive. Here are some species of plants that, frankly, you couldn't kill if you tried

Moth Orchid

These beauties are prime examples of the ideal houseplant. They're colorful, easy to contain, and thrive in drought-like environments. You're actually more likely to kill a moth orchid from overwatering than under-watering. Perfect, right? Water the plant only when the bark or moss at the base of the plant is dry to the touch. Orchids like indirect sunlight and normal room temperatures. If your plant stops flowering, cut the bloom spike off at the base and it'll keep flowering for years or even decades to come (no, seriously).

Croton Plant

Croton plants are non-flowering, but you won't even miss the blooms thanks to the vibrant colors of this species' leaves. In bright, almost neon shades of green, red and orange, these plants can be seen from across the whole house. If you're looking to liven up a dull living space or complement the outdoor foliage, this plant is for you. Crotons only need water when their soil is dry to the touch, so aim for watering them once per week. They need a lot of light, so try and position them in a sunny space.

Begonia

Begonias burst into delicate, gorgeous blooms that come in just about every color and they are very low maintenance when it comes to light and water. The only rule of thumb when it comes to these flowering plants is to not overpot them. Choose a pot that will fit them snugly and only transfer to a larger pot once the roots fill the current one. Place your begonia in medium light and try and water it once per week.

Bonus: the next three plants will actually thrive in rooms that are air conditioned with less-than-ideal light conditions, meaning they make great office plants.

Neon Pothos

This bright green, leafy plant livens up any white or neutrally colored office. The plant delicately cascades over its small pot, serving as lively yet subtle workspace décor. Neon pothos prefer medium to low light and only need water once per week.

Peace Lily

The peace lily will bring a tropical feel to your otherwise drab office. Its lush, large leaves and soft white blooms will offer some tranquil ambiance to any space. Peace lilies are ideal for cubicles or relatively dim offices because they prefer low light levels. Better yet, you only have to water them once per month. Lastly, it's important to keep these away from your home office if you have a dog or cat, as the leaves are poisonous to pets.

Dracaena

If you've ever wanted a tree in your office, the dracaena plant is for you. Dracaenas grow tall and flower regularly. This regal plant is ideal for corner placement and has a sleek, professional look. The dracaena is a bit pickier with light, however, so you'll want to position it in a spot that gets a medium amount of light. Water your dracaena weekly for best blooming frequency.



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CALENDAR OF EVENTS

January

Ongoing

SLICE OF ICE

@Red Arrow Park
Experience ice skating downtown, a Milwaukee tradition.
Time: Weekdays 11am-8pm; Fri.-Sat. 11am-11pm
Cost: \$8 skate rental; free with your own skates
www.county.milwaukee.gov

Mon., Jan. 1

POLAR BEAR PLUNGE

@Bradford Beach
Time: 12pm
Cost: Free
www.polarplungemilwaukee.com

Thurs., Jan. 4

KOHL'S THANK YOU THURSDAY

@Milwaukee Public Museum
All visitors receive free admission to Milwaukee Public Museum thanks to Kohl's.
Time: 9am-8pm
Cost: Free
www.mpm.edu

Fri.-Sun., Jan. 12-14

HOME BUILDING AND REMODELING SHOW

@State Fair Expo Center
An annual showcase of home ideas put on by the Metropolitan Builders Association.
Time: Fri. 12-8pm; Sat. 10am-8pm; Sun. 10am-5pm
Cost: \$10
www.mbaonline.org

Sat.-Sun., Jan. 14, 21-22, 27-28

A YEAR WITH FROG AND TOAD

@Helfaer Theatre, 13th St., Milwaukee
Based on Arnold Lobel's endearing books, this charming children's musical follows the budding friendship of two unlikely amphibians, a cranky toad and a cheerful frog. This imaginative and entertaining tale will delight the whole family!
Time: 2:30pm, Jan. 27 ONLY 1pm and 4pm shows
Cost: \$12
www.diederich.marquette.edu

Sun., Jan. 14

34TH ANNUAL DR. MARTIN LUTHER KING, JR. BIRTHDAY

@Marcus Center
Come celebrate the life of Dr. King. Programming highlights the youth in our community who every year interpret Dr. King's words through an art, speech and writing contest. Various cultural arts organizations will also take center stage in Uihlein Hall, truly demonstrating the excellence of our arts community.
Time: 1pm
Cost: Free
www.marcuscenter.org

Fri.-Sun., Jan. 26-28

WAUKESHA JANBOREE

@throughout Waukesha
A weekend filled with family-friendly events throughout Waukesha.
Time: Varies, check website
Cost: Varies
www.janboree.org

Sun., Jan. 28

BREWERS ON DECK

@Wisconsin Center
A winter fan festival featuring a number of activities for the entire family, autographs and photos from Brewers players and more.
Cost: \$9-\$20
www.mlb.com/brewers

Sun., Jan. 28

SUMMERSTAGE 2018 WINTER MUSIC SERIES

@Delafield History Center, Hawks Inn
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Time: 4-6pm
Cost: \$15; \$13 for seniors/students/military
www.summerstageofdelafield.org

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8 Signs That It's Time to Reconsider Your Home

It's human nature to want to settle and plant roots. But sometimes family milestones or a new perspective on life triggers the need for a move. While moving can be a big undertaking, it can also be an exciting time of new possibilities and adventure. How do you know when it's time to make a change? Here are 8 signs consider.

Things Are Getting Tight

Perhaps your family is growing, the kids are getting bigger, or you're tired of waiting for the bathroom. Upsize to a home with more bathrooms, bedrooms, or a family room so you can entertain more comfortably.

Ready for an Upgrade

Congratulations! You just got a great promotion and your financial prospects are improving. It may be time to move to a home with more updates or a neighborhood that you enjoy.

Time to Simplify

Maybe smaller is the answer. The kids are off to college. You aren't using half the rooms in your house, and you just need a cozy place to call home. Consider unlocking the equity in your home and spend more time traveling.

Commute is Driving You Crazy

Long drives to and from work are energy zappers. The average American spends over 200 hours a year commuting to and from work. What would you do if had an extra hundred hours a year to do something you enjoy?

Tired of Maintaining Your Home

You're tired of raking leaves, cleaning the gutters, shoveling snow, cutting the grass, and painting the house. Leave all the chores to someone else. A condominium takes the headache out of homeownership.

Downtown or The Lake is Calling You

Milwaukee is an exciting city, and the energy of downtown continues to get more interesting. The art museum, great restaurants, the lake front, and music festivals are right outside your front door.

Get Closer to Family

We often say that home is where your family resides. Being close to aging parents or grandchildren gives peace of mind and strengthens family bonds.

A Warmer Weather Destination Awaits
There's nothing better than feeling warm sunshine on your face. How awesome it would be to experience that every day.

If you're one of the lucky ones that have found the right home in the right spot. Enjoy!

—Contributed by Essam Elsafy



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MERCHANTS OF WHITEFISH BAY

By Katie Commer, BID Executive Director



Welcome, 2018!

The Merchants of Whitefish Bay thank the many volunteers and community members who came out to celebrate the holiday season with the Whitefish Bay Holiday Stroll and the additional winter activities throughout the month of December. We're honored that the Holiday Stroll is a part of our seasonal traditions, and that the community supports the Whitefish Bay shopping district throughout the holiday season.

The special activities throughout December would not have been possible without you or our sponsors and volunteers and we are very grateful for the community's continued support. The Holiday Stroll was made possible by donations and support from many people and organizations.

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Johnson Bank
Moxie Food + Drink
Navy Knot
Swipeworks
The Bay Restaurant

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RedCap Luggage

Community Partners:

Village of Whitefish Bay
Whitefish Bay Civic Foundation
The Milwaukee Ballet School & Academy

Thank you for making the event so great!

We who live here already know that Whitefish Bay has to offer – proximity to Milwaukee, quality schools, the many eateries, boutiques, and local businesses lining Silver Spring Drive, and our small-town spirit. As the new face of the BID, the Merchants of Whitefish Bay aim not only to trumpet our village as a fantastic place to live, work, and shop – we also seek to bring businesses together to discuss our role in the community and envisions how we might enhance its future. We invite you to join the Merchants of Whitefish Bay in thinking, shopping, dining, and living local!

As you make your new year's resolutions, include shopping locally on your list! Studies show that when you buy from an independent, locally owned business, significantly more of your money is



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Please refer to our Facebook Page Shop Whitefish Bay or our new website www.merchantsofwhitefishbay.com for additional details, including shopping specials as they are announced.

used to make purchases from other local business – continuing to strengthen the economic base of our community. Plus, our local businesses support many community groups and charities, including one or more local groups that you value. Did you know that non-profit organizations receive an average 250% more support from small business owners rather than they do from large businesses? Plus, our unique shops keep our community unique, reduce environmental impact, provide local jobs, and provide great service!!

Keep up with your amazing local businesses and so much more through regular emails from the shopping district or by visiting www.merchantsofwhitefishbay.com. Also, find us on Facebook at Merchants of Whitefish Bay. ●

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Still Time To Get Historic Whitefish Bay Book

By Jeff Aikin and Tom Fehring

Holiday shoppers still have time to purchase *Historic Whitefish Bay: A Celebration of Architecture and Character*. The book costs \$20 at the Library, \$5 off the retail price, and buyers can get this book and the Historic Preservation Commission's two earlier books, *Images of Whitefish Bay* and *Chronicles of Whitefish Bay*, for the special price of \$50 for the three-book set.

For a village of not quite 15,000 residents and a tad over two-square-miles in area, Whitefish Bay has generated a lot of history and been home to numerous colorful characters. Among them:

- The village trustee who absconded with a satchel full of stolen cash, never to be seen again.
- The niece of Capt. Frederick Pabst who tattled about her mother's sensational affair with a much younger man so she could get her share of the family fortune.

- The business titan with the wild teenage daughter whose goings-on became a topic of gossip columnist and radio commentator Walter Winchell.
- The high school valedictorian who had the deputy director of the FBI convicted for, among other crimes, plotting to kidnap her baby for ransom.
- The athlete who set national records in three sports – speed skating, skiing, and cycling – and is now a billionaire.
- The youth who sought fame and fortune in Hollywood where he produced one of the worst comedies in TV history, followed by one of the most successful ever.
- The Whitefish Bay surgeon deployed to the Korean War who was the inspiration for a character in *M*A*S*H*, the movie and TV show.
- The beer baron who died tragically in a plane crash, and whose ghost was believed to have haunted his former home.



These and other anecdotes of the Bay's colorful past are told in *Historic Whitefish Bay*, written in celebration of the Bay's 125th anniversary of incorporation in 1892. More than 2,000 historic homes are identified in the book, all of which could qualify for 25% income tax credits. Your home could be one of them.

The advertisement for Linda Smallpage Photographer features a photograph of a young girl with long blonde hair, wearing a plaid dress and a blue bow in her hair. She is smiling and holding a large pinecone. The text on the advertisement includes her name 'Linda Smallpage' in a cursive font, her title 'PHOTOGRAPHER' in a sans-serif font, and her website 'www.boutiquephotographer.com'.

The advertisement for Anchor Moving Systems features a photograph of a family (a man, a woman, and two children) sitting on a table, looking at a document. In the foreground, there is a black and white moving truck with the Anchor Moving Systems logo. The text on the advertisement includes the slogan 'Put your move in hands you can trust.', a description of their services, and their website 'www.anchormovingsystems.com'. There are also logos for 'ACCREDITED BUSINESS' and 'A+'.

WHITEFISH BAY PUBLIC LIBRARY

Submitted by Katie Kiekhaefer, Head of Youth Services and
Scott Lenski, Community & Adult Services Librarian



Friends of the **Whitefish Bay Library Annual Writing Contest** returns for the 6th year in a row. There are three submission categories including short story (1,000 words or less), memoirs (1,000 words or less), and poetry (200 words or less). The contest is open to anyone 16 and up. Submissions are accepted from January 15 through February 12 and are limited to one entry per person per category.

On April 4 at 6:30pm there will be a reception where winners read their pieces. Winning submissions will be posted on our website. There are cash prizes for first place in each category! To enter the contest, submit your piece with a cover page including the following: Name, address, email, phone number, entry date, word count, and category.

Drop off entries in person at the Adult Services Desk or mail them to: Friends of the Whitefish Bay Library Writing Contest 5420 N Marlborough Drive Milwaukee, WI 53217

The library will be hosting two local authors in January. On Tuesday, January 23 at 6:30pm **Steve Wallace** will be here to talk about his book *Obroni and the Chocolate Factory*. The book is about Wallace's journey to build the Omanhene Cocoa Bean Company in Ghana. Yes, there will be chocolate.

One week later **Nick Petrie** returns to the library on January 30 at 6:30pm. We're celebrating the release of *Light It Up*, the third book in his mystery series featuring Peter Ash. Boswell Books will be at the library selling Petrie's books.



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NORTH SHORE HEALTH DEPARTMENT

Combined Risk of Radon Exposure and Smoking



Submitted by Sanja Miljevic, RN, BSN

After smoking, indoor radon is the second leading cause of lung cancer. According to the US Environmental Protection Agency (EPA), radon is responsible for about 21,000 lung cancer deaths every year. Smoking combined with radon exposure poses additional lifetime lung cancer risk.

To start the year off healthy, do it from the ground up and test your home for radon. Radon is a naturally occurring radioactive gas that is present in the ground and can enter homes through their foundations. It forms from the decay of radioactive elements which are found at varied levels in soil and rock around the base and under a home. Levels are usually highest in the basement during the winter, when windows and doors that would otherwise help vent the gas are kept closed. That is why January is Radon Action Month.

No area of the country is free from radon risk. Radon levels are easily measured with a short-term test kit that you can get from the North Shore Health Department. The kit is placed in the lowest livable area of your home and remains in place for 2-3 days to measure the level of radon in your home. The EPA recommends re-testing if levels are $\geq 4\text{pCi/L}$. If results are high after your second test, your home may require mitigation.



Please contact the Health Department at 414-371-2980 if you need more information on radon testing, mitigation, or to purchase a test kit. Other helpful websites include <http://www.epa.gov/radon/> and <https://www.dhs.wisconsin.gov/radon/radon-measurements.htm>

For the January Clinics, please go to the website for current locations: <http://www.nshealthdept.org/Clinics.aspx>

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Recipes Kids Can Make With Snow

By Chelsea Scott

No matter how we feel about snow, it's part of winter. So why not make the best of it? Making snowmen, forts and snowballs is great when the snow is dense, wet and good for packing. But what to do with the white stuff when it's floating down softly in big, fluffy flakes? Sit out a bowl, collect as much as you can, call the kids over and make these recipes. Note: All recipes yield 4 servings.

Classic Snow Ice Cream

Ingredients:

- 1/2 cup milk
- 2 tablespoons white sugar
- 1/2 teaspoon vanilla flavoring
- 4 cups clean snow

Combine the first three ingredients with a whisk. Stir in the snow and serve.

Variations:

Add rainbow sprinkles for a fun twist. Pour over a drizzle of maple syrup for smoky sweetness.

Make it vegan by substituting almond or coconut milk for the dairy milk and using maple syrup instead of sugar.

Sugar on Snow

Parents' help required

Ingredients:

- 1 cup pure maple syrup
- 4 cups clean, packed snow

Add the syrup to a sauce pot and heat, on medium, to 234° using a candy thermometer. Remove pot from the heat and allow it to cool slightly. Pack snow into bowls. Pour syrup over snow. It should sit on top and cling to a fork or wooden stick like taffy.

Snow Cones

Ingredients:

- 4 cups clean snow
- 1/2 cup syrup- any flavor

Pack snow into cups or bowls and pour the syrup on top. Maple syrup or pancake fruit syrups work well for the recipe, but you could also use flavored beverage syrups in vanilla, caramel or hazelnut.

Variation:

To make the snow cone extra creamy, drizzle over sweetened condensed milk.

"Snow-cicles"

Ingredients:

- 4 cups clean snow
- 1/4-1/2 cup fruit puree (like strawberry, blueberry or mango)

Stir snow and puree together. Pack into popsicle molds and freeze until solid.

Drowned Snow

Ingredients:

- 2 cups clean snow, packed into 4 balls
- 4 cups prepared hot chocolate
- Whipped cream

Place snowballs into 4 coffee mugs. Top with hot chocolate and garnish with whipped cream. It's a hot and cold treat!

Lemon Lime Slushy

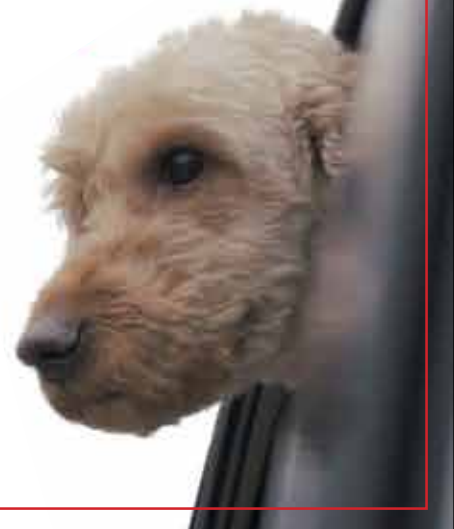
Ingredients:

- 4 cups clean snow
- 4 cups lemon lime soda

Pack snow into 4 glasses. Top with soda and enjoy with a straw.

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Get Out and Sled

Compiled by Julia Jaegersberg



Bayside

Bayside Village Sled Hill – 9075 N. Regent Rd.

Brookfield

Mitchell Park – 19900 River Rd.
Wirth Park – 2585 Pilgrim Rd.
Wirth Park South – 16198 W. North Ave.

Brown Deer

Brown Deer Park – 7835 N. Green Bay Rd.

Delafield

Town of Delafield Sports Commons – N14 W30153 Silvernail Rd. Offers a skate park as well.

Elm Grove

Village Park – 13600 Juneau Blvd.

Hales Corners

Hales Corner Park – 5765 S. New Berlin Rd.

Hartland

Lisbon Community Park
N74 W27398 Oakwood Rd.

Muskego

Park Arthur - S63 W17833 College Ave.

New Berlin

Valley View Park – 5051 S. Sunny Slope Rd.
Sledding and tobogganing on a lighted hill.
Calhoun Park – 5400 S. Calhoun Rd.
Sledding and tobogganing available.
Gatewood Park – 14201 W. Kostner Ln.

Oconomowoc

Nature Hill – 850 Lake Dr.
Fowler Park – 438 N. Oakwood Ave.

Pewaukee

Liberty Park – 400 Concord Rd.

Summit

Genesee Lake Road Park
37505 Genesee Lake Rd.

Town of Mukwonago

Lauren Park
W315 S8555 County Rd. EE

Sussex

Sussex Village Park – N63 W24459 Main St.

Waukesha

Lowell Park – 2201 Michigan Ave. Also offers a toboggan run.

Milwaukee County Night Time Sledding Hills

Hours: 4:30-8:30pm, weather permitting

Currie Park – 3535 N. Mayfair Rd.

Humboldt Park – 3000 S. Howell Ave.

Pulaski Park – 2677 S. 16th St.

Whitnall Park – 5879 S. 92nd Rd.

Waukesha County Parks

Park hours: Sunrise to 10pm year-round

Menomonee Park

W220 N7884 Town Line Rd., Menomonee Falls

Minooka Park – 1927 E. Sunset Dr., Waukesha
Mukwonago Park

W325 S9945 County Hwy LO, Mukwonago

Nashotah Park

W330 N5113 County Hwy C, Nashotah

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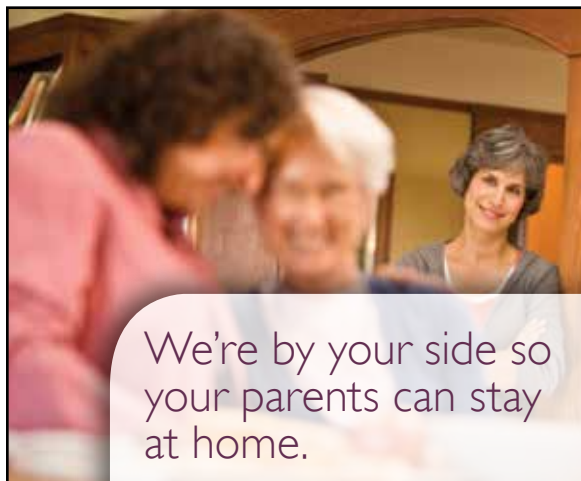
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ORGANIZING YOUR GROCERY TRIP

with

LITTLE ONES IN TOW

By Sarah Baquet



There is not much that is more daunting than tackling a major grocery trip, by oneself, with little ones in tow. However, if you find yourself in this challenging, but not altogether unfortunate situation, take heart! A few simple tips will help you face the challenge and come out on the other side triumphant, pantry-stocked, and feeling pretty darn proud of yourself.

STEP 1:

Make Your List According to Your Travel Route: For maximum efficiency, which is essential when shopping with littles, make your grocery list according to the layout of the grocery store. Not only will you pick up all the things you need, but you will avoid the sanity-testing dynamics of walking back and forth for items you missed or having to return to the store a second time!

STEP 2:

Add a Kid-Friendly, Quick Meal: Regardless of what time you go to the store, you WILL return with hungry children. So, add to your grocery list a meal solution that is: 1.) instant (think premade sandwiches in the deli section) 2.) novel (think super hero snack crackers) and 3.) easy to serve and clean (think veggie tray). Pair this hunger

solution with a video for a special “movie meal” while you put away groceries. Your kids will feel like they hit the jackpot and so will you!

STEP 3:

Carefully Consider Cart Seating: Your solution to who walks and who occupies the cart has potentially large ramifications. Consider this for success: Wear an infant in a carrier. Strap the toddler in the cart. Train your school-aged children to “touch cart.” This means that they choose (or are assigned) a spot on the cart and must touch the cart at all times unless you specifically ask a child to pick an item off the shelf. When a child is old enough, they could even learn to push an additional cart with littles inside while the cart you are pushing is used for groceries or vice versa.

STEP 4:

TEAM unloading! – After you indulge in a bit of rejoicing over what felt like the completion of an Olympic feat, sober yourself. You still have to unload and put away groceries! This can be a great time to build team work. Little ones can place bags from the car into a wagon, pull the wagon up to the door, and take out groceries from the bags once

inside. Older children can put groceries away. If this scenario is overwhelming or simply impractical, give yourself a break. Utilize the “movie meal” solution. You can then accomplish the task quickly and easily without the potential mishaps like a broken jar of salsa dropped by your two-year-old... eek!

STEP 5:

Patience, Practice and Perspective: Grocery trips with littles can be such good training ground for self-control and the charity of good manners, seriously! Patience, and practice will eventually yield great gains in this area. In addition, if things go well, people may remark about your “sweet kids”! Others around you will be inspired, and your family will be highly encouraged. If the trip is disastrous, well, remember that the best memories often involve some kind of embarrassing mishap.

Lastly, don’t forget to reward YOURSELF! Indulge in that cup of coffee, a few minutes of a favorite activity, or a starry-eyed gaze at the ceiling....You just accomplished an incredible feat. Don your “Super Mom” or “Super Dad” cape. You certainly deserve it!



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4859 N Newhall St	9	\$399,900
5003 N Cumberland Blvd	27	\$499,900
1540 E Fairmount Ave	2	\$499,900
6028 N Santa Monica Blvd	41	\$539,000
4961 N Bartlett Ave	121	\$539,900

SOLD

<u>Address</u>	<u>DOM</u>	<u>List Price</u>	<u>Sold Price</u>
4724 N Diversey Blvd	5	\$159,900	\$180,200
5220 N Lydell Ave	23	\$243,900	\$247,000
5000 N Sheffield Ave	5	\$365,000	\$351,400
4733 N Idlewild Ave	31	\$379,900	\$384,000
5749 N Kent Ave	48	\$422,900	\$432,900
5521 N Santa Monica Blvd	8	\$527,500	\$527,500
5353 N Diversey Blvd	3	\$599,900	\$605,000
4929 N Cumberland Blvd	4	\$825,000	\$810,000
5835 N Maitland Ct	16	\$829,900	\$805,000

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