

October 2021

Bay Leaves

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dogs welcome

4473

RILEY'S SANDWICH CO.

WEDNESDAY - FRIDAY

12:00 pm - 7:00 pm

SATURDAY - SUNDAY

11:00 am - 3:00 pm

MONDAY - TUESDAY

CLOSED

**John, Jess
and Riley
Ludwig**

**Enjoy Scooting
Around Town!**



The Official Village Weekly E-Newsletter:

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Trick or Treat

- ▶ Village Trick or Treat 2021 will take place on Sunday, October 31, from 1:00 p.m.–4:00 p.m.
- ▶ Please note that no block parties are permitted on the day of Village Trick or Treat.



Publisher: Kathy Durand
Bay Leaves Project Coordinator: Beth Raab

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ADVERTISING

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Contact: Kathy Durand at (262) 716 4788, or kdurand@bestversionmedia.com

FEEDBACK/IDEAS/SUBMISSIONS

Have feedback, ideas or submissions? We are always happy to hear from you! Deadlines for submissions are the 20th of each month. You may also email your thoughts, ideas and photos to Christine McBride at cmcbride@bestversionmedia.com

CONTENT SUBMISSION DEADLINES

Content Due	Edition Date
December 20	February
January 20	March
February 20	April
March 20	May
April 20	June
May 20	July
June 20	August
July 20	September
August 20	October
September 20	November
October 20	December
November 20	January

IMPORTANT PHONE NUMBERS

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Police Administration	(414) 962-3830
Police (non-emergency)	(414) 351-9900
North Shore Fire Dept. (non-emergency)	(414) 357-0113
Village Hall	(414) 962-6690
Public Library	(414) 964-4380
Dept. of Recreation & Community Education	(414) 963-3947
Whitefish Bay School District	(414) 963-3921

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DEAR RESIDENTS,

Our dog, Bree, joined our family as a puppy in 2010. I still remember randomly coming across her photo on a rescue website based in Chicago, and filling out the application to adopt her. Similar to most dog owners, we love our furry friend and take her wherever we can. When our future family, Jess and John Ludwig opened up a sandwich shop that allows dogs inside, we put the leash on Bree and walked over there for lunch. After eating our first sandwiches there, we were hooked. Becoming regulars we got to know Jess and John and found out that they lived in Whitefish Bay. It was interesting hearing how their sandwich shop began, and Bree always enjoys time with her new buddy Riley. Enjoy their story and pro tip... the steak and avo is my husband's favorite while mine remains the buffalo chicken!



Cheers,
Christine McBride



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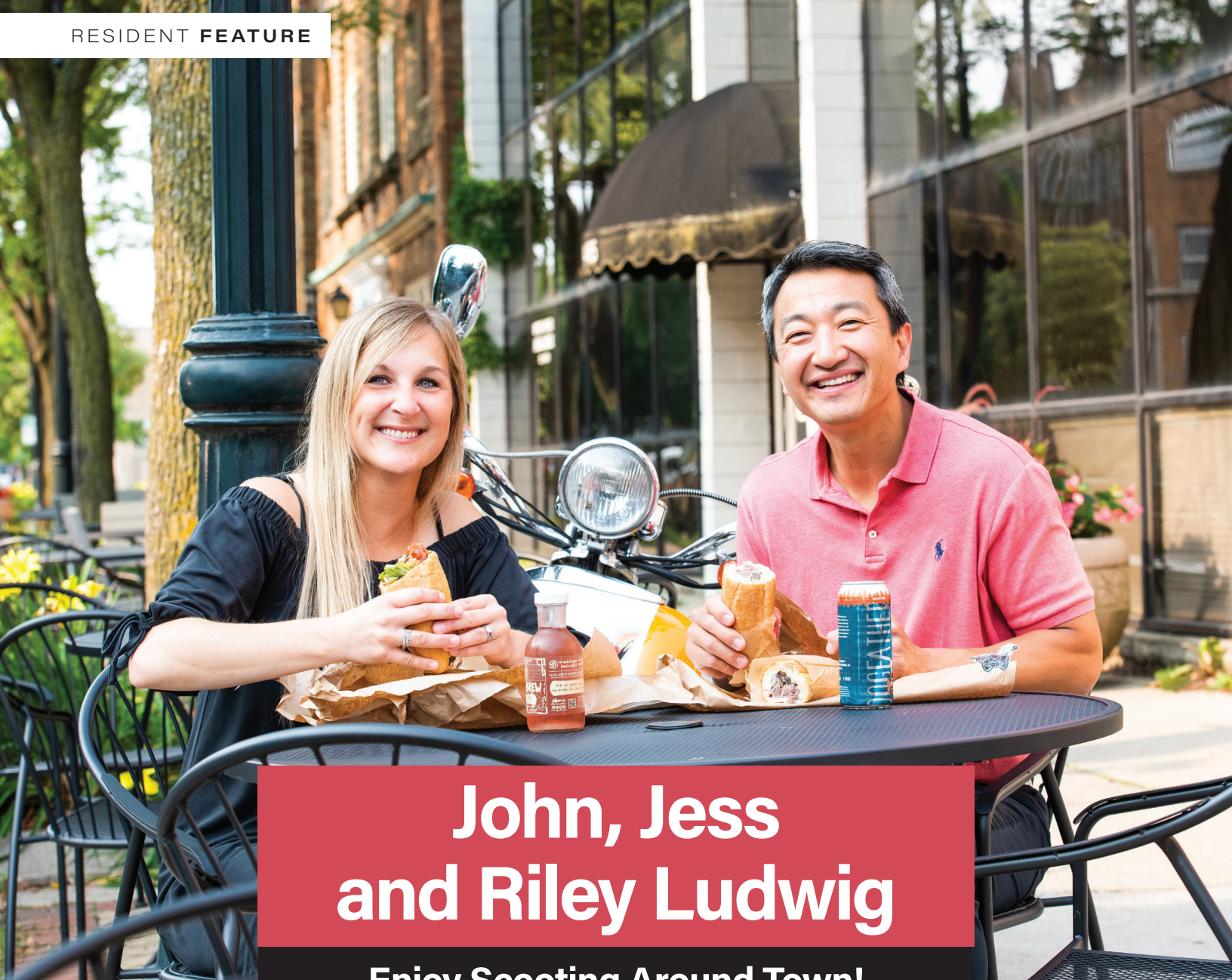
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John, Jess and Riley Ludwig

Enjoy Scooting Around Town!

People often state things they love being associated with such as being a dog lover, foodie, wine enthusiast, or neat freak. While many enjoy self-proclaiming these attributes, few take their passions and turn it into their livelihood. For John and Jess Ludwig, combining their love of food and love for their dog Riley, meant the creation of a dog friendly sandwich shop.

The couple have very different backgrounds, but when they met in 2005, their shared love of food, dogs, and an active lifestyle brought them together. Jess had a typical Midwest up-bringing, raised in Hartland and went to undergrad and graduate school for nuclear medicine technology and health care administration.

John however had a much different childhood experience. He was born in Seoul, South Korea and at approximately the age of one, John was found in a telephone booth by a passerby

who brought him to the police station. "While I can joke about it now, telling people that I'm like Superman and came out of a telephone booth, I am very thankful that I was adopted by an amazing family in Minnesota," said John. "However being a Korean child growing up in a small town of Minnesota in the 1980s, I did deal with a lot of racism. That made me learn to be resilient and also have empathy for other people."

Jess and John met through mutual friends and have been together for over 16 years, married for 10 of them. Traveling and experiencing new places to dine out has been a cornerstone of their relationship. When they first moved back to the Milwaukee-area after stints in Minnesota and Virginia, they lived in New Berlin. "We loved being by Lake Michigan and the energy around downtown. We would hop in our car and come down here for hours every weekend," said Jess. "Our families would



always make fun of us, because we would be at the lakefront more often than we were even at our own house."

After a few years of constantly spending their free time along the lake, they figured why not simply move closer to the lake itself. They were looking in both Whitefish Bay and Shorewood for their future home. In April 2020, they purchased a home in Whitefish Bay.

Once they lived in Whitefish Bay, taking strolls along Oakland Avenue that leads into the Shorewood business district became their daily dog walking route. "We are obsessed with our dog Riley and always seek out places that allow dogs," said Jess. "After awhile we kept thinking it would be cool to have a place where people could bring their dogs on Oakland Avenue. Being big foodies we also wanted to incorporate some type of food in the business."

Spending a few months talking through ideas, they came up with Riley's Sandwich Company. The complicated part of the business idea was having a spot where dogs were allowed to come in, but also maintain the sanitation of the kitchen area.

"We worked closely with the health department going through idea after idea of how to make this concept work. We even threw out the idea of using a bank teller type tube to send the subs through - which was quickly turned down for logistical reasons," laughed John. "It was settled on having our kitchen in an isolated area with a completely separate HVAC system to ensure we are able to keep the dog friendly vibes in the lobby and completely out of the kitchen."

As foodies they were also committed to the quality of the food. "We take great pride in the food that we serve the community. From meats that are sous vide & hand carved, in house sauces and dressings when possible, and cut vegetables all made fresh daily. We also try to work with local businesses whenever possible," Jess noted.

Being involved in both the Whitefish Bay and Shorewood communities are important to John and Jess. They will be sponsoring the Shorewood Junior Hounds Baseball Club and created Riley's Read It program, which will be a rewards based program to mo-

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tivate children to read. For the dog lovers, the main wall of the restaurant is called Riley's Pack and is a place where dogs can become local celebrities. "We obviously know people are crazy about their dogs, because we are crazy about our own dog," so the wall is a way for dogs to be on the wall 'forever' with their photo. We hold contests to pick the winners and we currently have a long list of dogs waiting to be featured on the wall," John said.

To enjoy their amazing subs, local beer selection, or a walk with your dog to see the famous wall of dogs, Riley's Sandwich Company can be found on Oakland Avenue in Shorewood. "We love the community support that we have received since opening and are looking forward to seeing many more faces of both our two-legged and four-legged customers!"

BY CHRISTINE MCBRIDE, PHOTOS BY BOUTIQUE PHOTOGRAPHER



BEHIND EVERY PROJECT that a Lions Club takes on, there's a story to be told. These are stories filled with challenges, hope and the joy of serving others. Lions are committed to partnering with local leaders and organizations, identifying the unique needs of their community and surrounding areas, and planning service projects that address those needs from community clean-up projects to food drives to fundraisers, and vision screening for children, Lions help people in need.

The motto of Lions Clubs International, since 1917 is "WE SERVE," and Lions live this motto with enthusiasm. A Lions Club is not a fraternal, social or political organization. It is a group of civic minded men and women who have banded together to do the things they cannot do alone.

Lions are willing and anxious to give their time, energy and resources in service to others. A person is rewarded in "Lionism" by the pleasure and satisfaction of serving others by improving the community in which he or she lives, and by endeavoring to leave the world a better place than he or she found it. Lions is the largest service organization in the world with 1.4 Million Lions, worldwide. If you would like to learn more about the Whitefish Bay Lions Club please contact Dan mylionsclub466@gmail.com

BY DAN MONTAINE



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Do You Ever Feel Like a Club Sandwich?

THE SANDWICH GENERATION depicts the layers of responsibility for those we love...our children, grandchildren, aging parents and we are squeezed in the middle with our careers. Searching for the ever elusive balance between work, caregiving and home life - the extra layers - can be stressful.

And, to add to that, you may be noticing changes in mom or dad. A lack of enthusiasm for hobbies or interests that they used to enjoy — or can't enjoy because of COVID created barriers. According to a 2021 report from the CDC, loneliness and social isolation are linked to serious health conditions. These conditions can include, but are not limited to heart disease, stroke and even premature death. AARP research in 2020 identifies socialization as the number one activity for older adults to maintain or even improve their overall wellness—even more so than maintaining physical fitness.

Are you thinking it is better to have your parents remain in their home and bring caregivers in to attend to their needs? Remember, that brings its own challenges. Staffing and managing care workers around the clock can become a part-time job.

Consider the enriching life older adults can experience when moving to the right senior community and the safety and the assurance of future care if needed right on campus. They may find a great deal of peace of mind knowing they are living in a safe, healthy, enriching environment. It can be a gift to you too, especially if you are juggling home care and work life and trying to be the caregiver for your parents!

There is often a renewed quality of life for the resident, making new friends, rekindling lost friendships, and renewing and

pursuing new hobbies. A 2019 study from Innovation in Aging shows friendships are as important as family ties in predicting psychological well-being of older adults.

Before helping your parents move to a senior community, it is important to do your homework. Check out multiple communities and explore if the community has the support and amenities your mom or dad would enjoy. Do they provide a full continuum of care—Independent Living, Assisted Living, support for Memory Loss and Skilled Nursing Care? If not, you may be setting yourself up to another move in the future - at a time when they are most frail and would benefit from the continuity of care and the caregivers who already know them. Some communities offer a hybrid - a blending of Independent Living and Assisted Living called Enhanced Independent Living. This new model of care offers an independent lifestyle with catered concierge services available 24/7 to meet the individual resident's needs. In addition, all of the amenities and enrichment of the campus are available to the resident. This offers a little more wrap around care than independent living alone provides.

Moving to a senior community which offers a full continuum of care and support can be a life saver for everyone!



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HALLOWEEN SAFETY

HALLOWEEN IS ALMOST HERE, and even though it may look a bit different than years past, it is still possible to get outside and have some skele-fun! For a fun Halloween everyone can enjoy, it is important to put safety first and follow some basic safety tips.

With the continuation of the COVID-19 pandemic, precautions should be taken to ensure everyone's safety. Here are some important guidelines and best practices for staying safe this Halloween:

COVID-19 safety

- ▶ Get vaccinated.
- ▶ Wear a mask.
- ▶ Stay at least six feet away from other people when possible.
- ▶ Wash hands frequently.
- ▶ Stay home when sick.
- ▶ Get tested if you have symptoms or have been exposed to someone with COVID-19.
- ▶ Avoid crowded and poorly ventilated indoor spaces when possible.
- ▶ If you attend a gathering, keep it small, preferably outdoors and with only one other household.



Be costume safe.

- ▶ Decorate costumes and bags with reflective tape or stickers.
- ▶ Have kids carry glow sticks or flashlights to help them be seen by others and drivers.
- ▶ Take extra time to be cautious when children are out and about trick or treating.



Trick-or-Treater Safety Tips

- ▶ When crossing the street, cross at corners, using traffic signals and crosswalks.
- ▶ Walk on sidewalks or paths, if available.
- ▶ Watch for cars, and do not dart out in the street or between parked cars.

Driver Safety Tips

- ▶ Take extra time to look for kids at intersections, medians and curbs.
- ▶ Slow down, especially in residential neighborhoods.
- ▶ Enter and exit driveways and alleys slowly, watching for kids.

Visit Kids Safe Worldwide for more tips: <https://www.safekids.org/tip/halloween-safety-tips>

BY JOEY MCMAHON, PUBLIC HEALTH ASSISTANT

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OCTOBER

is National Animal Safety and Protection Month



NATIONAL ANIMAL SAFETY AND PROTECTION MONTH reminds us that animals play an essential role in our everyday lives. How can you participate?

- ▶ **Keep** all pets up to date on their immunizations.
- ▶ **Make sure** your pets can be returned to you if they become lost. Your dog should wear a collar with ID tags, and both dogs and cats can be microchipped. Also make sure you have current photographs to share if they are lost for identification purposes.
- ▶ **Ensure** that your pets cannot encounter poisons or choking hazards in and around your home.
- ▶ **Be alert for** behavioral changes that might indicate signs of illness.
- ▶ **To help first responders** in event of fire or medical emergency at your home, place up-to-date decals on doors and windows with how many humans and pets are in the home and where they can be located.
- ▶ **Have a plan in place** if you need to evacuate your family and your pets quickly from your home because of an emergency such as a fire, flood or tornado. Know who will be responsible for locating each animal in your house, where your pet carriers are and how you will transport your animals to safety. Plan for a place your animals can stay if you are unable to stay in your home.

BY KAREN SPARAPANI

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Fall Is Upon Us

ON SILVER SPRING DRIVE

CAN YOU BELIEVE it is already fall? How wonderful it was to have the return of the WFB Art Festival and Side Walk Sale, as well as the inaugural Sip*Shop*Support Local events on the first Thursdays of each month, from June to September. They were a great addition to Silver Spring and a huge success. Don't forget about the Whitefish Bay Farmers Market, in full force every Saturday until October 16, from 9:00 a.m.-1:00 p.m. in the Aurora Health Center Parking Lot! For more details, visit <https://www.whitefishbayfarmersmarket.com>.



Thank you for supporting all the events on Silver Spring—it means more to the merchants than you know!

MARK YOUR CALENDARS

Trick-Or-Treat Silver Spring
Saturday, October 30, 10:00 a.m.–Noon

The annual trick-or-treating tradition is back for the littlest of trick-or-treaters on Silver Spring Drive. Participating businesses offer treats for wee ones in the company of at least one parent or guardian on the Saturday before Halloween. Make it a family affair—it's always fun to see everyone on the street! There's something "sweet-in-stores" for everyone!

Holiday Stroll
Friday, November 26

The Holiday Stroll is back, and we're hoping the Ice Sculpture Stroll will be also! We are already working on the planning—let us know if you would like to get involved. The Menorah will again be at Berkeley and Silver Spring, at Yellow Wood, from November 28–December 6. Join the Jewish Community Center for the Menorah lighting each night of Hanukkah.



Throughout fall, your favorite retailers will offer great deals, events and special activities to give even more reasons to shop Silver Spring. Visit our website, www.MerchantsOfWhitefishBay.com, where you can see what is happening and sign up for our monthly newsletter. Don't forget to follow and "like" us on Facebook at <https://www.facebook.com/ShopWFB/>.

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4823 N Bartlett Ave.	\$475,000	1003 E Sylvan Ave.	\$839,000		
4779 N Newhall St.	\$549,900	5075 N Elkhart Ave.	\$925,000		
5000 N Idledl Ave.	\$575,000	4749 N Cramer St.	\$1,400,000		
SOLD					
Address	List Price	Sold Price	Address	List Price	Sold Price
919 E Hampton Rd.	\$399,900	\$430,000	4915 N Cumberland Blvd.	\$499,900	\$523,000
5201 N Kimbark Pl.	\$400,000	\$450,000	4730 N Woodburn St.	\$525,000	\$575,000
5714 N Shoreland Ave.	\$424,500	\$462,500	821 E Glen Ave.	\$640,000	\$640,000
4818 N Berkeley Blvd.	\$424,900	\$465,000	721 E Briarwood Pl.	\$670,000	\$680,000
5840 N Shoreland Ave.	\$425,000	\$455,000	423 E Lexington Blvd.	\$675,000	\$751,000
4924 N Marlborough Dr.	\$429,000	\$415,000	6063 N Kent Ave.	\$699,900	\$699,900
106 W Henry Clay St.	\$429,900	\$452,000	1242 E Courtland Pl.	\$724,900	\$714,900
6067 N Shoreland Ave.	\$439,000	\$476,000	613 E Carlisle Ave.	\$776,000	\$776,000
5724 N Lake Dr.	\$470,000	\$470,000	824 E Glen Ave.	\$819,900	\$870,000

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Whitefish Bay Senior **"55 and Better"** Programs
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FREE Thanksgiving Feast

- ▶ (For Ages 55 and Up)
- ▶ Tuesday, November 16, 11:30 a.m.-2:30 p.m.
- ▶ Lydell Community Center, Gym

Whitefish Bay Recreation and Community Education Department invites our Whitefish Bay residents, 55 years of age and older, for a Free Thanksgiving meal catered by Nicolet Catering Services. Reservations are required as seating is limited and spots will only be reserved for WFB residents aged 55 and older. Please reserve your spot by completing a Recreation and Community Education program registration form or by registering online.

Community Fitness Center Memberships Available!

Colder weather bringing your workout indoors? Don't forget that you can still purchase a membership to the Whitefish Bay Community Fitness Center located at the Whitefish Bay High School. The weight room offers cardio and resistance equipment along with personal training, weight training and other cardio classes that can be added on to your membership.


- ▶ **Adult Resident Memberships** \$120.00.
- ▶ **Resident Seniors 55 and Older** \$100.00.
- ▶ **For more information** on center hours and how to register, see the fall Recreation Program Guide.

Boys and Girls Youth Recreational Basketball League Registration Deadline is Oct. 15th

Have a basketball player at home looking for a fun and competitive league? We offer league opportunities for boys and girls in grades 1-6. All leagues play at either the High School Fieldhouse or Lydell Community Center and are parent coached. League play starts early November and ends with play-offs in February. All players must be registered with the Recreation Department by October 15, 2021. Register today to secure your spot on a team!

Blood Pressure Clinics

- ▶ Tuesdays, October 12, November 9, December 14, 1:00-2:00 p.m.
- ▶ Lydell Community Center, Room 14
- ▶ Free blood pressure checks, offered by North Shore Health Department



Whitefish Bay RECREATION
Bringing Community Together

BY CARIN KELAND, DIRECTOR OF RECREATION AND COMMUNITY EDUCATION



NORTH SHORE KIWANIS
Pancake Breakfast



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- ▶ Save The Date - December 11
- ▶ Dominican High School



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BY MCKENNA SHAFFER, EXECUTIVE ASSISTANT TO THE DISTRICT ADMINISTRATOR & BOARD OF EDUCATION



District Communications

Our COVID-19 Safety Dashboard, District Newsletters and Board of Education Meeting Notice email lists are some of several ways the District works toward comprehensive communications with the community. Sign up for email lists or learn more by visiting the District website at www.wfbschools.com

Save the Date

October 27-28:
Conferences
October 28-29:
No School

Scouts BSA Troop 400

For 80 years, Scouts BSA Troop 400 in Whitefish Bay has focused on building kids into adults with strong character, leadership, community spirit and a commitment to the environment. Beyond service activities for the community, we enjoy the outdoors with regular camping and High Adventure outings. Even through these challenging pandemic times, Troop 400 has continued to camp, hike, and paddle to keep kids learning about the outdoors safely! Troop 400 scouts are highly motivated and supported by their families and community, resulting in a continuing history of over 100 Eagle Scouts.

Each Monday evening at 7pm during the school year, Troop 400 has scout-led meetings at the United Methodist Church on Silver Spring to review advancement and plan activities. Scouts BSA is open to anyone age 11-18, and new scouts can join at any time. Please contact Scoutmaster Jim Pomes (414-899-7510, james.pomes@ieee.org) for further information on how to join Scout Troop 400 and be a part of this Whitefish Bay tradition!

BY KIRSTEN TIGHE



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Processing the Harvest

THE FIRST YEAR I grew a vegetable garden, I planted a dozen tomatoes. I remember the cashier at Plantland asking what I planned to do with them. I replied, "Eat them," with an ignorant side eye.

I learned how to can that October. I cooked a vat of marinara sauce every weekend and processed half gallon Ball jars in boiling water until they sealed. I grated in zucchini to use up the behemoths that hid under huge leaves until they swelled way passed an appetizing size.

I hosted canning parties with my girlfriends. We canned pickles, hot peppers, and salsa. One friend who tended bar on Brady Street made us Bloody Mary's from our leftover tomato juice. Ah, to be 25 again!

Now my canning supplies collect dust in our basement. They made it past my Marie Kondo phase because I trust they will spark joy some day soon when I no longer worry about little hands grabbing at a bubbling pot on our stovetop.

Now my boys eat tomatoes off our vines as soon as the sun ripens them. In the rare case that my plants produce more than our family eats right away, I find freezing and drying much easier than canning. Follow these simple steps to enjoy your harvest all winter long!

Freezing Fruits and Vegetables

1. Wash, drain and cut the fruits or vegetables.
2. Blanch vegetables in boiling water to lock in the flavor.
3. Tray-pack them (spread them on cookie sheets in a freezer).
4. After frozen, seal produce in airtight bags and place back in a freezer.

Drying Herbs

1. Use a salad spinner to thoroughly wash the herbs.
2. Divide herbs into bunches, and tie each bunch with twine.
3. Hang herbs to completely dry for two weeks or more before use.



BY DARCIE WARREN



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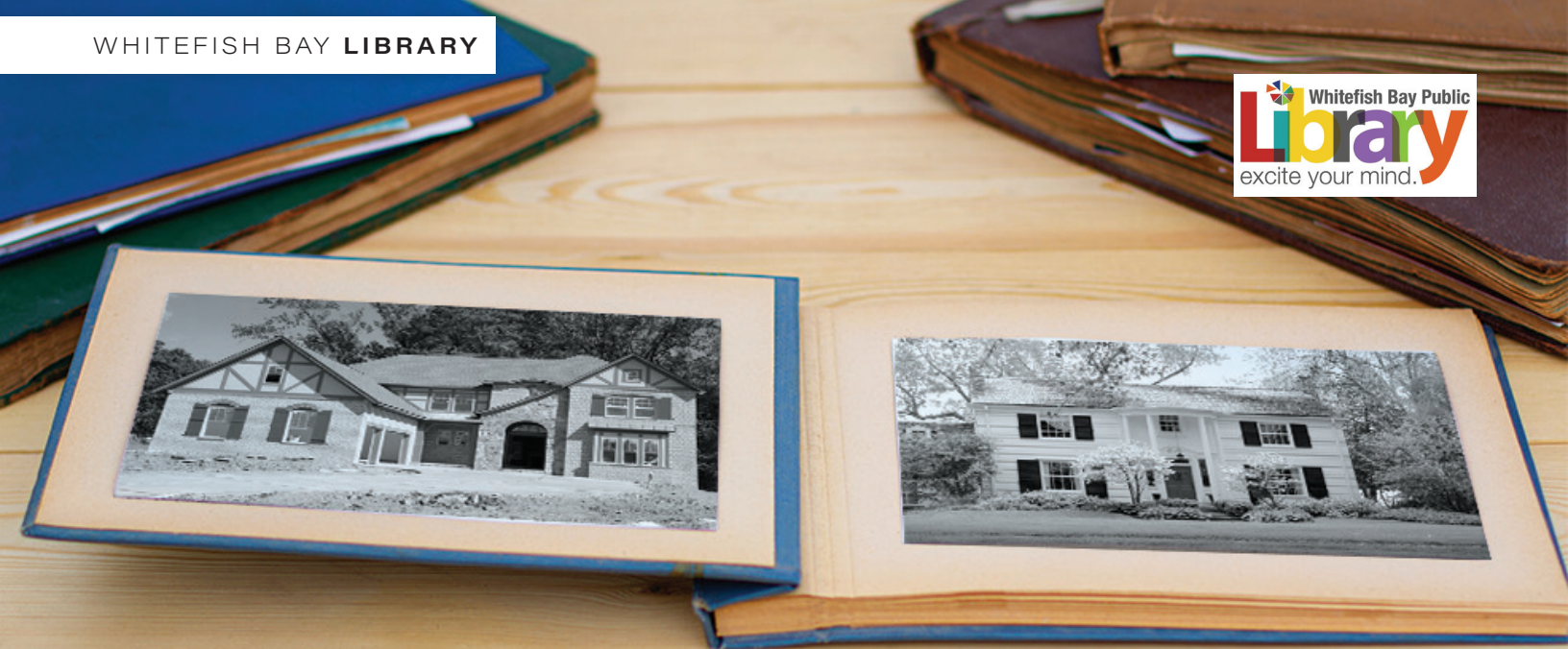
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RESEARCHING YOUR WHITEFISH BAY HOME

ARE YOU doing historical research on your home? We have a new online resource to highlight: Whitefish Bay Directories compiled by the Whitefish Bay Woman's Club.

This resource has always been available in print at the library, but directories are now online. Directories range from 1928-2000 and contain addresses of the residents of Whitefish Bay, Fox Point and surrounding communities. The directories also contain advertisements for local businesses. Thank you to the Whitefish Bay Woman's Club for compiling the directories over the years and thanks for giving us permission to post them online.

The library also offers the Mimi Bird Historical Collection. Mimi, a longtime Bay resident, compiled historical materials on the area; photographed homes, businesses and landmarks; and organized this into a set of 39 volumes which she donated to

the library. In her Milwaukee Journal Sentinel obituary, Bird was praised as "the undisputed expert on local history, both in the village and the greater North Shore area." While not all homes are represented in the collection, many are, and you may find out some interesting facts about yours. This collection also available online or in print at the library.

You can also view the Architectural and Historical Intensive Survey Report completed by Jennifer Lehrke and Robert Short of LJM Architects. To use these digital resources, stop by the library's website, <https://www.wfblibrary.org/>, and look for "Read & Research," then "Mimi Bird." There are also a few resources available at Village Hall, including property records and plat/insurance maps to add to your findings.

BY SCOTT LENSKI, HEAD OF ADULT SERVICES



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Fall in the Bay means the

Great Pumpkin Festival



THANK YOU to everyone who joined their neighbors at the Civic Foundation's Ice Cream Social and Sounds of Summer events. It was wonderful to see your smiling, unmasked faces enjoying a sweet treat on a beautiful summer evening and dancing the night away on Silver Spring to the sounds of Bay's own Steve Beguhn and Cold Sweat & The Brew City Horns.

As summer turns to fall, your Civic Foundation is busy planning for our final event of the year, the Great Pumpkin Festival. The annual tradition will again be held at Old School House Park across from the Village library from Wednesday, October 27, to Saturday, October 30. Residents will be able to pick up pumpkins at various times throughout the week and then return them to the park to be part of the lighted display from 6:00 to 9:00 p.m. nightly. Be sure to watch our website and Facebook page for more information.



We are excited to welcome back local musicians to Pumpkins this year, along with our food vendors and beer tent. It wasn't the same without you! At the time of this writing, we are working with local health partners to ensure all of this can be done in a safe manner during the pandemic. Our Whitefish Bay neighbors have always been very courteous, and we thank you in advance for helping us put on a healthy and safe festival that can be enjoyed by all.

A big thank you goes out to those local businesses for helping us carry on this tradition for a 35th year. We appreciate the ongoing support of Essam Elsafy - Shorewest Realtors, Tarpey Franz - Shorewest Realtors, Milwaukee Admirals, Ellenbecker Investment Group, Story Hill Renovations, Town Bank, Bliffert Lumber and Creative Construction. Thank you!

See you around the Bay!

BY TOM GLEASON, WHITEFISH BAY CIVIC FOUNDATION PRESIDENT

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EACH OCTOBER, the National Fire Protection Agency (NFPA) selects a theme for Fire Prevention Week. With the increase in the type of alarms available on the market for monitoring smoke, fire and carbon monoxide (or sometimes all three in one) it can become confusing when one of the alarms begins to make noise exactly what it is trying to alert you to. The theme for 2021 is "Learn the Sounds of Fire Safety" and is aimed at helping better determine exactly what each sound is for.

Knowing the difference in the sounds can save you, your home and your family! It is important that everyone in the home understands the sounds of the smoke and carbon monoxide alarms and knows how to respond. You can learn the sounds of your own alarms by checking the user guide or searching the model and brand online.

The NFPA offers these helpful tips:

- ▶ **SMOKE ALARMS:**
 - ▶ A continued set of three loud beeps – beep, beep, beep – means smoke or fire. Get out, call 9-1-1 and stay out.
 - ▶ A single "chirp" every 30 or 60 seconds means the battery is low and must be changed.
 - ▶ All smoke alarms must be replaced after 10 years.
 - ▶ Chirping that continues after the battery has been replaced means the alarm is at the end of its life and the unit must be replaced.

- ▶ **CARBON MONOXIDE ALARMS:**
 - ▶ A continuous set of four loud beeps – beep, beep, beep, beep – means carbon monoxide is present in your home. Go outside, call 9-1-1 and stay out.
 - ▶ A single chirp every 30 to 60 seconds means the battery is low and must be replaced.
 - ▶ CO alarms also have "end of life" sounds that vary by manufacturer. This means it's time to get a new CO alarm.
 - ▶ Chirping that continues after the battery has been replaced means the alarm is at the end of its life and the unit must be replaced.
- ▶ **IT IS IMPORTANT TO MAKE SURE** the smoke and CO alarms in your home meet the needs of everyone in your home, including those with sensory or physical disabilities. Some tips for these family members may include:
 - ▶ Installing a bedside alert device that responds to the sounds of the smoke and CO alarms. Use of a low frequency alarm can also wake a sleeping person with mild to severe hearing loss.
 - ▶ Sleep with your mobility device, glasses and phone close to your bed.
 - ▶ Keep pathways like hallways lit with night lights and free from clutter to make sure everyone can get out safely.

North Shore residents can schedule a free home safety assessment on the fire department website that includes evaluation and installation of smoke and carbon monoxide alarms. For more information on the programs and services offered by North Shore Fire/Rescue, please visit our website, www.nsfire.org.



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